



Hall Booking: mostholynameofjesus@dioceseofnottingham.uk

Head Teacher — Miss Jo Love
0115 9556262

**Suggested Donation
for Newsletter 20p**

WORD OF THE WEEK: SELFLESSNESS. *In our faith, selflessness isn't about denying ourselves joy, but about putting others' needs first, just as Jesus did. We see it in the saints, who dedicated their lives to helping the poor, the sick, and the forgotten. Selflessness can be small acts, like helping a friend, or big ones, like volunteering in our community. It's about living a life that reflects Christ's love, not just in words, but in our actions.*

Think of a way to serve others around you. Try giving some of your time to help someone else.

After reverently receiving the Body of Christ and replying 'Amen', please consume immediately in front of the priest or minister. A reminder that a communicant cannot take the body of Our Lord and dip it into the Precious blood - something called intinction. This is not permitted for theological, hygiene, and practical reasons.

Our Lady of Perpetual Succour, Bulwell: Bridget Doyle & Chris Reilly **Holy Cross, Hucknall:** Rosaleen Walters Tel 07513725395
Diocesan Safeguarding Contact: Rachel Campion safeguarding@dioceseofnottingham.uk or telephone 0115 9539849

Nottingham Roman Catholic Diocesan Trustees – Company Number 7151646 Charity Number 1134449